



1 · VESPA AT YOUR SCHOOL

Supporting independent learners

Introducing VESPA to parents and carers

Confidence • Organisation • Purposeful study



Vision

Knowing where you want to go

Talk about interests, future plans and what makes learning worthwhile.



Systems

Organising time and resources

Encourage a realistic weekly plan, a useful workspace and a way to track deadlines.



Attitude

Responding constructively to challenges

Listen when things feel difficult and help them choose a manageable next step.



Effort

Putting purposeful work into learning

Help them make time for focused study and recognise the effort behind progress.



Practice

Using effective study strategies

Encourage self-testing, practice questions and revisiting learning over time.



2 · VESPA AT YOUR SCHOOL

What will students do?

1 · Reflect

Answer the questionnaire honestly.

2 · Discuss

Read the report and explain their perspective.

3 · Act

Choose goals and use portal activities to practise useful habits independently.

4 · Review

Talk about progress and adjust the plan.

Practice

4 / 10

Make study time count

Try checking what you can remember before looking at your notes.

A question to reflect on

How do you know whether a study session has helped you learn?

One practical next step

After a lesson, answer five questions from memory, then check and correct your answers.

Simplified fictional example; feedback is personalised.



3 · VESPA AT YOUR SCHOOL

From feedback to a small change

Your Reflection[? Need Help?](#)

Looking at my scores, I was surprised by the lowest one, because the higher scores feel closer to how I see myself.

Right now, a typical study session is going back over my notes, and I find it hard to tell what I have actually understood.

What I want to get better at is spending more of my time on the work I find difficult.

The student explains what studying is like for them. Fictional student example.

Your Goals[Browse Learning Behaviours](#)

Write 1–3 goals you will focus on this cycle. Be specific and realistic.

Go through the feedback or mark scheme on your last test and write down exactly where you lost marks

Do 15 minutes of past paper questions today — short, focused bursts like a mini-exam

Goal deadline

16/10/2026

Saved 13:04

Saved

Goals saved successfully!

The student commits to practical next steps. Fictional student example.

An example next step

“After each Biology lesson, I will test myself on five questions before checking my notes.”

Portal activities support independent development: learn a strategy, try it, reflect, then apply it to everyday study.



4 · VESPA AT YOUR SCHOOL

How families can help

Listen. Ask. Encourage. Check in.

1. “What did you notice in your report?”
2. “Which habit do you want to improve?”
3. “What is one change you can try this week?”
4. “How can we help?”

Support their ownership of the goal. Notice progress rather than comparing scores.



5 · VESPA AT YOUR SCHOOL

Keep the conversation going



The VESPA student app

Students can download the app and sign in with the account or sign-in method provided by their school. The browser version is available too.

app.vespa.academy/get-app

[Apple App Store](#) [Google Play](#)

Parent reports

Your school will provide a separate link and access instructions if it shares individual reports with parents.

School contact: [Add staff name and contact details]

Read the parent guide: <https://app.vespa.academy/parents/index.html>